Running Through the Semester

A Student Lifestyle Experiment at Catonsville

Dr. William Schockner will be working with students as they plan, execute, and review a lifestyle experiment related to the themes of No Impact Man. Faculty, please invite students to contact Dr. Schockner by February 8 if they’d like to participate.

Contact Bill Schockner: WSchockner@ccbcmd.edu

Essex Eco-Brown Bag Lunches

Green Energy Options:
Wed., February 13, 12:20-1:15 p.m., Building L, Room 209/210
Composting:
Wed., March 13, 12:20-1:15 p.m., Building J, Room 100
Make Your Own Green Cleaning Supplies:
Wed., April 10, 12:20-1:15 p.m., Building L, Room 209/210
Grow Your Own Salad:
Wed., May 8, 12:20-1:15 p.m., Building B, Room 122a

Contact Elizabeth Shadrer: EShadrer@ccbcmd.edu

Catonsville Eco-Brown Bag Lunches

Sustainability and Internships in Baltimore County:
Fri., February 15, 12:30-1:30 p.m., Building H, Room 100
Reduce, Reuse, Recycle:
Fri., March 8, 12:30-1:30 p.m., Building H, Room 308c
Make Your Own Green Cleaning Supplies:
Fri., March 22, 12:30-1:30 p.m., Building H, Room 313
The EPA: Environmental Information and You:
Fri., April 12, 12:30-1:30 p.m., Building H, Room 313
Green EnergyChoice 101:
Fri., May 3, 12:30-1:30 p.m., Building H, Room 308c

Contact Ellen Lathrop-Davis: ELathrop@ccbcmd.edu

Join us for these highly practical sessions. Bring your own lunch and a reusable cup. Beverages will be provided.

Essex Info-on-the-Go: No Impact Man Series

Wed., February 20, 11 a.m.-1:30 p.m. CCBC Essex, Building E, Lobby
Thurs., March 21, 11 a.m.-1:30 p.m. CCBC Dundalk, Building F, Lobby
Thurs., April 11 a.m.-1:30 p.m. CCBC Dundalk, Lobby

Back again this semester: Roving research help given by librarians to aid students with finding information for assignments related to No Impact Man.

Contact Erika Hodge Harris: EHarris@ccbcmd.edu

FEBRUARY

Teaching Sustainability

Wednesday, February 13, 11:30 a.m.-12:20 p.m. CCBC Essex, Building B, Room 122a

Teaching No Impact Man? Dr. Rita Turner (UMBC) will run an interdisciplinary workshop on teaching issues of consumerism and sustainability, providing faculty with materials, activities, and approaches for addressing environmental problems with students.

Contact Ryan Donnelly: RDonnelly@ccbcmd.edu

MARCH

Living Off the Grid

Wednesday, March 6, 11:20 a.m.-12:30 p.m. CCBC Catonsville, Building E, Lounge

Meet Joyce and John Gillespie who are actually living “the no impact life.” This couple is self-sufficient, harvesting food and using renewable energy sources. Learn how to adopt an earth healthier lifestyle with added financial, emotional, and physical benefits from these experts.

Contact Nancy Zimmerman: NZimmerman@ccbcmd.edu

Honeybees, Pollination and Our Food Security

Wednesday, March 20, 12:20-1:15 p.m. CCBC Catonsville, Building E, Room 201

What is the honeybee-human survival connection? Through pollination, honeybees produce food crops. Their service maintains our ecosystem and food security. Yes, honeybees are vital! Contact Christine Gray: CGray@ccbcmd.edu

Vegan and Vegetarian Diets: Who’s Hungry?

Wednesday, March 20, 12:30-2:00 p.m. CCBC Essex, Building J, Room 137; Reception in J-100

The vegetarian and vegan lifestyle offers an abundance of healthy, hearty, and protein-rich meals, but many people have no understanding of these eating alternatives. Our guest chef will discuss both choices. The event includes tastings prepared by Sodexo.

Contact Jadi Keambiroiro: JKeambiroiro@ccbcmd.edu

APRIL & MAY

Cafeteria Man: A Screening and a Conversation with the Director

Thursday, March 28, 11:00am-1:00 p.m. CCBC Catonsville, Building Q, Lounge

Cafeteria Man, a critically acclaimed documentary, follows the movement to “green” Baltimore City Schools. Come watch the film and meet the film’s director, Richard Chissoin.

Contact Beth Baunoch: BBaunoch@ccbcmd.edu

A Toxic Tour of Baltimore

Saturday, April 27, 9 a.m.-12 p.m. Bus Departs from CCBC Essex

Come along for a guided tour of the factories, waste disposal sites, and environmentally damaged sites that make up Toxic Baltimore and a discussion of the effects of these sites on community health. Seats are limited and must be reserved in advance!

Contact Nina Brown: NBrown2@ccbcmd.edu

For more information visit www.ccbcmd.edu/cbc or find us on Facebook www.facebook.com/ccbcmd

APRIL & MAY

EcoVoce Ensemble

Wed., April 17, 11:15 a.m., CCBC Catonsville, Q Lounge
Thurs., April 18, 11:30 a.m., CCBC Dundalk, K Student Lounge
Fri., April 19, 12:20 p.m., CCBC Essex, E Recital Hall

EcoVoce are musicians with a passion for song and ecology. Comprised of soprano, flute and piano, this unique trio offers an engaging program about the many aspects of nature and the need for its preservation.

Contact Monica Otal: MOTAL@ccbcmd.edu

Legislation for Sustainability: A Panel Discussion

Wednesday, May 1, 1:30-3 p.m. CCBC Catonsville, Building D, Room 003

Catorsville and Dundalk have been designated sustainable communities. What does this entail and what laws are in the pipeline? Come join a panel discussion with County Councilperson Tom Quirk, State Delegate Steven DuBoy and Congressperson John Sarbanes.

Contact Fred Hickok: FHickok@ccbcmd.edu

Sustainable Eating: A Panel Discussion

Thursday, March 21, 12:45-2:10 p.m. CCBC Dundalk, Building K, Student Lounge

Panelists will discuss nutrition, local farming, organic foods, and sustainable agriculture. Come join the discussion!

Contact Michael Walsh: RWalsh@ccbcmd.edu

All CCBC events are free and open to the public.